

## Bramble's



Being the best we can

News

20th January 2023

### A message from Mrs Gynn

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#### Parent drop-ins.

ABBEY

Our first phonic drop-in sessions have been held this week. It has been



so lovely to welcome parents into our lessons. The focus has been phonics with year 1 parents. They had the opportunity to speak with Mrs Finch, our Phonics Lead and visited lessons to see exactly what the children were learning and how it is all taught. The sessions were lovely, with really positive feedback from the parents.

We are looking forward to welcoming Reception and year 2 parents in the next few weeks. Please contact Mrs Finch if you would like to join these sessions.

We are also planning to cover other curriculum areas. The subject some parents are asking for is maths. Please let me know, when you see me on the playground, if you too would like to find out all about maths.

#### Reading Buddies with The Abbey

Junior Academy. Both year 1 and 2 had a lovely time with year 5 and 6 children on Monday. Year 2 went to the Abbey and Year 5 came to St James. Everyone enjoyed sharing stories together.

#### Attendance



It is lovely to see that our attendance figure continues to rise. We are currently at 90%. However, we are still lower than the national average, so please keep up the good work.

Please do your best to keep on sending your children to school and continue to get them to school on time. This figure will then continue to rise.

I would like to welcome Mrs Robinson to the St James team. She has joined us in Poppy class this week and has thoroughly enjoyed her first few days with your children. ③

Please do not confuse her with Miss Robinson, who has worked at St James for some time and is someone you already know.

I hope you have a lovely weekend and look forward to seeing you on Monday.

# Reminders...

#### Homework Splats

These have been posted on Class Dojo this week.

Deadline is w.b.25<sup>th</sup> March in Reception / Wednesday 27<sup>th</sup> March in Year 1 / Thursday 28<sup>th</sup> March in Year 2

Children can bring in any finished projects at any time throughout the term.

Staying Safe f

Online safety is a key priority

for parents and teachers alike. It is so important that we all work together to ensure that children remain safe whilst using devices. Please take a look at the advice on the last page of this newsletter. I hope you find it useful.

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#### Jewellery

Our uniform policy states that jewellery <u>should not</u> be worn in school. This includes crucifix necklaces.

This is a health and safety policy.

Please remove items of jewellery before the children come to school.

#### School uniform

School uniform should be worn every day, except for PE days. PE kits should be school colours only.

Please do your best to send your children to school in the correct clothing.

Being on time, sets up the day for success.

Children can see friends, get ready for learning and of the teacher's instructions.

Phonics start at 9.10 a.m. It is essential that all children are ready for this lesson.

On Time. Every Time.

#### This week's book recommendation:

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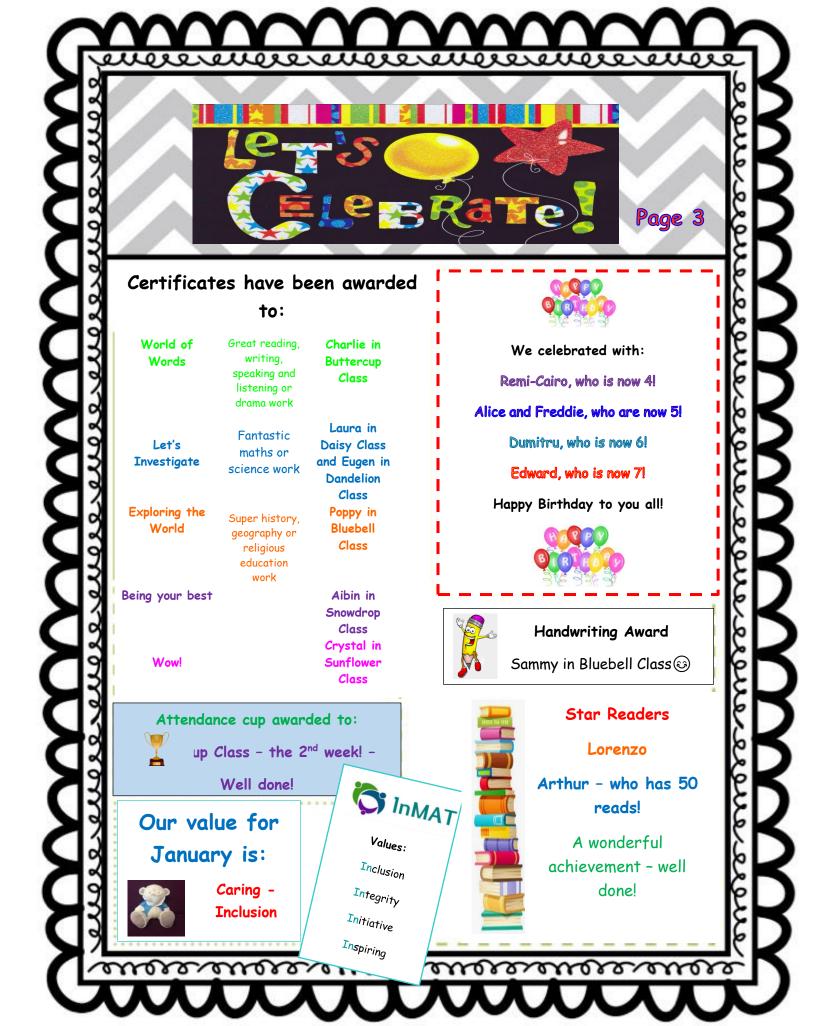


This weekend, we see Chinese New Year being celebrated. Here are a few books to share with children of all ages.

I am sure that the library would stock them or something similar.











#### Friends of St James Events - Spring term

### Mufti Day's St James Infant & Pre-School 2023

- ➤ Friday 27<sup>th</sup> January 2023 Mufti Odd dress day -Everyone comes dressed as oddly as possible unmatched shoes and socks, mismatched colours, etc. be as creative as possible
- > Friday 24th February Mufti- Crazy Hat Day



- ➤ Friday 31<sup>st</sup> March Mufti -We will be asking for chocolate for the Easter Fayre Tombola instead of the £1
- > Friday 28th April Mufti -Stars, Spots, & Stripes Day





> Friday 26th May Mufti - its Pyjamarama day



- ➤ Friday 30th June Mufti Day We ask for a bottle for the Summer Fate Tombola instead of £1
- Thursday 20<sup>th</sup> July A single colour Day (students to wear red, white, pink, blue or green from head to toe)

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

In today's digitally connected world, children and adults are constantly presented with new ways to engage, react and contribute. We're sociable beings; it's a natural human instinct, especially amongst younger audiences, to want to belong and join in. Viral Challenges (as they're often known) draw on these emotions and, as the name suggests, spread and gather pace very rapidly. New challenges are constantly emerging and evolving. They're often completely innocent, raising awareness of worthy causes or simply providing amusement. However, they can have much more sinister undertones, putting children at risk of physical harm or, in extreme cases, fatal injury.

What parents need to know about

ONLINE CHALLENGES

#### MENTAL HEALTH & WELLBEING

As well as having the potential to cause actual physical harm, some challenges can be extremely upsetting for children. Many are created with the sole purpose of instilling fear in an individual in order to coerce them into doing things that could have a long-term emotional effect on them.

#### VARYING LEVELS OF RISK

As a parent or carer, it's important to take a balanced view and understand that not everything online has the potential to do harm. Mass-following and interaction can be a force for good. For example, the ke Bucket Challenge, which swept the nation, set out to raise money and awareness of Amyotrophic Latera Sclerosis (ALS). At its height, over 28 million people uploaded, commented on, or liked ice Bucket. Challenge related posts on Facebook. It's equally important to be aware through that online challenges often have a darker side. Malicious trends and challenges can expose children to dengerous or even life-threatening situations, so it's critical that parents and carers are aware of the latest risks and

#### 'FOMO'-FEAR OF MISSING OUT

The 'Fear of Missing Out' (FOMO) is a strong emotional characteristic, particularly displayed in young people. The nature of viral challenges encourages children to explore and push boundarier. They tag into FOMO by feeding on a child's natural desire to pain in, be accepted and share experiences with their briends and the wider online community. I recent study also found that FOMO is one of the greatest rauges of Social Medicardication.





#### STRIVING FOR LIKES

In a major study by the Children's Commissioner, it was found that children as young as ben years of are reliant on 'Likes' for their sense of self-world. A major concern around viral challenges is not knowing how far children will go to earn 'Likes'. Couple this growing appetite for acceptance with commonplace peer pressure and the potential problem is compounded. The result is that when young people are drawn into online challenges, because it is what all their friends are doing, saying no can seem like a very hard thing to do.

"The coolest person at school will start a brend and then everyone copies her" Merran, 12, Year 7

'IF I got 150 likes. I'd be like that's pretty cool it means they like you' Aaron, 11, Year 7



# Top Tips for Parents



## COMMUNICATION & MONITORING

It's important to talk to your child regularly and monitor their online activities. Encouraging honesty and openness, will give you a much charse viewpoint of how your child is interacting online and what concerns they have. Create an atmosphere of trust. Ensure they feel they can comfide in you or another trusted adult regarding anything they may have seen or experienced online half-1 uses of them.

#### THINK BEFORE ACTING

As with most concerns in life, let common sense prevail when it comes to Viral Challenges. Young people need the freedom and space to explore and going in all guns blooking may well be counter-effective. Address the importance of safety and wellbeing, both online and offline, by getting the facts and understanding the risks. Start a discussion about the Online Challenges that may have captured your child's interest, gauge their likely involvement and explain the importance of thisking and acting independently when it comes to

## SETTING UP EFFECTIVE PARENTAL CONTROLS

As with all online activity, ensuring you have effective parental controls set up on all devices will halp filter and restrict the dangerous or inappropriate content you don't wish your child to access. Additional measures for protecting your child include checking the privacy settings on your child's devices, monitoring their friends list, ensuring their personal information is safe and secure and keeping a watchful eye on the content they're sharing.

#### REPORTING & BLOCKING

Parental controls can only go so far in blocking potentially harmful content. A rise in the decoding of social media algorithms, has left to age inappropriate content bicreasingly appearing on platforms and appeared by children. Where possible, you should regularly monitor what your child sees online and flag insport any content which is inappropriate or dangerous. You should take the time to talk to your child, define what you consider to be appropriate content and show them have to execut and their functions.

#### VALIDATE SOURCES

Not everything is as it seems. Some people create fake content that's designed to 'shock' in order to encourage rapid sharing. If your child has seen something online that has triggered concern you should encourage them to, check its origin, verify that it came from a credible source and check the comments made for any class to its validities.

#### FACING REALITY

Trends and Viral Challenges can be tempting for children to take part ict, no matter how dangerous or scary they may seem. As a pierent or care it can be difficult to keep pace with the very latest Online Challenges emerging. In recent months these have included potentially designous crazes, including the Bird Box Challenge, which was inspired by Netflin's popular film and encourages followers to upload videos of themselves attempting everyday tasks while bliedfolded. The best advice is to keep talking to your child. Show that your taking an interest and not just prying. Ensure your child knews they don't have to get involved and if they're urmans, let them knew you've there to talk before they consider participating. Children often need reas scrance that not everything they see online is real. If your child has viewed distensing or hightening content it's important to talk to

#### SOURCES

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