



Being the best we can
be

Bramble's

News

7th July 2023



With the end of term approaching so quickly, I am sure everyone is struggling to keep up with everything - days can be so busy! With that in mind, I would like to make you aware of 'Action for Happiness'. Please take a look at the last page of this newsletter to find out a little something you can do on every day of July to make everyone feel a bit happier.



I hope you find it useful.

A message from Mrs Gynn



'Ready, Set, Read!'

Sign up to the challenge at any library from the 8th of July - the Summer Reading Challenge ends on 31st July. Please either visit your closest branch or go online to: WNC version link [Libraries | West Northamptonshire Council \(westnorthants.gov.uk\)](#)

A librarian is coming into school next week to tell the children about it. It would be great if St James could meet the challenge and be the best read school in the town. 😊

With the summer holidays very rapidly approaching, Aldi is offering an opportunity for children to become active. See the details below:

Read the Difference



When you spend £30.00 in an Aldi store, they will give you a voucher to try a free sports session of your choice. Aldi are giving every child the chance to try a Team GB or Paralympic GB sport for free.

To claim your free sports activity, you must collect a unique code at the till before 31st July 2023. Then, redeem your code online, choose your sport, location, and time. www.aldi.co.uk/free-sports-sessions.

This week's book recommendation:



Not all books have words, but they still tell a great story. Give this one a try.

Mr. Crocodile loves his job. Every morning he gets up with an alarm and heads off to work on a crowded train. But what is his job? The answer may surprise you. You will find new details and new stories with every reading.

I hope you have a lovely sunny weekend. I look forward to seeing you on Monday. 😊

Reminders... Page 2



The Friends of St James needs you!

Do you have some special skills or some free time. The Friends of St James are looking for people just like you.



If you would like to give up some time, little or a lot, please let us know. If you would like to be part of the committee or help at events or help with planning. - there are so many things you can do.

If you are interested, please call in to the office to find out more information.



The playground is a child safe area. Please help us to keep it safe by closing the gate behind you.

If you use Bramble's Breakfast club - please ensure that all gates are closed behind you.

Second-hand uniform shop

Please don't forget

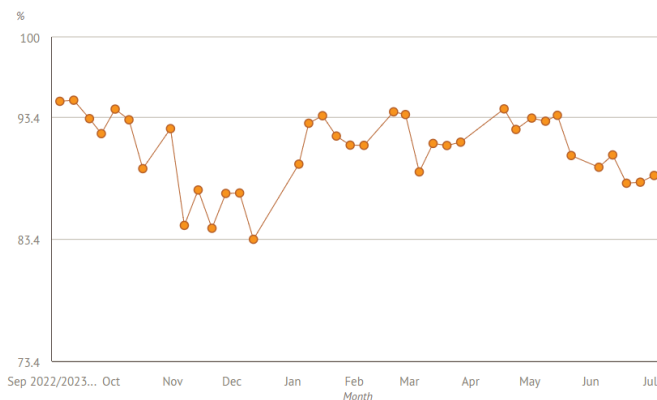


[Uniformd](https://www.uniformd.com)

There are currently 88 items listed for our school.

It enables you to buy uniform at low cost, as well as raise money for the Friends.

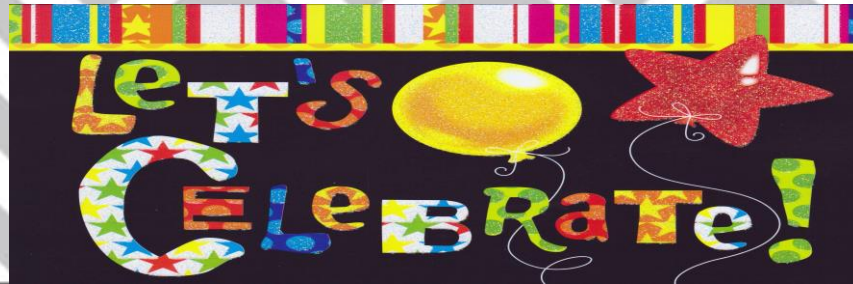
Attendance



Sickness has been a real issue this week, impacting so much on attendance across the school. Please remind your children to wash their hands when they go to the toilet and before eating food. I hope we can make the school much healthier next week.



A missed school day is a lost opportunity for children to learn.



Certificates have been awarded to:

World of Words

Great reading, writing, speaking and listening or drama work

Alice in Sunflower Class

Let's Investigate

Fantastic maths or science work

Express Yourself

Wonderful art, design technology, music or P.E. work

Kasper in Daisy Class

Exploring the World

Super history, geography or religious education work

Being your best

Remi in Buttercup Class

Wow!

Nova in Snowdrop Class

Bramble's Rule

Children who wash their hands for 20 seconds (and remember to do it every time that they go to the toilet) ...

Aria, Daria, Chishom, Lorenzo, Abigail, Oliver, Dumitru, Isabella

Next week's rule: Children who look after our bees and other mini-beasts.



Attendance Award

Snowdrop Class- 92%

well done 😊

Star Reader 😊

Charlie



Our value for July is:



Independence - Initiative

Values:

- Inclusion
- Integrity
- Initiative
- Inspiring



Reading Challenge

No reading challenge awards - please keep reading with your children at home.

(Books will be being collected in at the end of the week, so this will be your last chance)

What will be happening in our school?

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Lots of children received 5 Dojo points this week, having been in school every day. Dojo points will continue to be issued this week. 😊

11.7.23

Life Education experience - for children in Key Stage 1

13.7.23

Year 2 Leavers' picnic and assembly

14.7.23

Year 2's Everdon trip
End of year reports issued to parents + notification of new class teacher and class

w.b. 17.7.23 - 'Stay Up Week'

Year 2 children will be Year 3's for the week (those attending The Abbey will be at the The Abbey all week, those attending Falconer's Hill will be there every morning) (more details to follow).

Year 1 children will be Year 2 for 4 days, in their new classrooms with their new teacher. They will celebrate the end of the year with their current teacher on the last day of term.

Year R children will be Year 1 children for 4 days, in their new classrooms with their new teacher. They will celebrate the end of the year with their current teacher on the last day of term.



19.7.23

An opportunity to discuss reports if you would like to do so / meet your child's new teacher. This is optional - please let us know if you would like to call in.

20.7.23

MUFTI - single colour day (children to wear, red, white, pink, blue or green, from head to toe!)

21.7.23

End of term - break up for the Summer holidays.



Jump Back Up July 2023



SATURDAY

1 Take a small step to help overcome a problem or worry

8 Avoid saying "must" or "should" to yourself today

15 Set yourself an achievable goal and take the first step

22 Find 3 things you feel hopeful about and write them down

29 Be a realistic optimist. Focus on what could go right

SUNDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

9 Put a problem in perspective by seeing the bigger picture

16 Find fun ways to distract yourself from unhelpful thoughts

23 Remember that all feelings and situations pass in time

30 Reach out to a friend, family member or colleague for support



MONDAY

Be willing to ask for help when you need it

10 Reach out to someone you trust and share your feelings with them

17 Use one of your strengths to overcome a challenge today

24 Choose to see something good about what has gone wrong

31 Remember we all struggle at times - it's part of being human

TUESDAY

4 Find something to look forward to today

11 Look for something positive in a difficult situation

18 Let go of the small stuff and focus on the things that matter

25 Notice when you are feeling judgmental and be kind instead



WEDNESDAY

5 Get the basics right: eat well, exercise and go to bed on time

12 Write your worries down and save them for a specific 'worry time'

19 If you can't change it, change the way you think about it

26 Catch yourself over-reacting and take a deep breath



THURSDAY

6 Pause, breathe and feel your feet firmly on the ground

13 Challenge negative thoughts. Find an alternative interpretation

20 When things go wrong, pause and be kind to yourself

27 Write down 3 things you're grateful for (even if today was hard)



FRIDAY

7 Shift your mood by doing something you really enjoy

14 Get outside and move to help clear your head

21 Identify what helped you get through a tough time in your life

28 Think about what you can learn from a recent problem



ACTION FOR HAPPINESS

Happier · Kinder · Together